



Now  
in  
Bhopal

## Poison Institute of Advance Aesthetics

Cosmetology | Trichology | Laser and skin aesthetic

Advanced aesthetic | Hair transplant



FELLOWSHIP IN AESTHETIC MEDICINE  
IN BHOPAL



Phone : +91 98930 41643  
+0755-4250893

Email : [contact@poisoninstitute.com](mailto:contact@poisoninstitute.com)

[www.poisoninstitute.com](http://www.poisoninstitute.com)



# **FELLOWSHIP IN AESTHETIC MEDICINE IN BHOPAL**

**20<sup>TH</sup> 2021 TO 30<sup>TH</sup> OCT 2101**

**Duration 10 days**

**Unlimited Hands on training**

**Live Practical**

**Course Curriculum Sessions for training and Hands-on are as follows:-**

## **INTRODUCTION**

- + Introduction to the World of Aesthetic Medicine**
- + Introduction to the Fellowship in Aesthetic Medicine**

## **SKIN**

- + Structure & Function**
- + Skin Appendages**
- + Skin Types**
- + Common Skin Diseases: Aetiology, Clinical Features & Management**

## **HAIR**

- + Structure & Function**
- + Normal Hair Growth**
- + Hair Types**
- + Hair Problems Dandruff/ Hair Fall/ Alopecia Areata/ Androgenetic Alopecia/ Scarring Alopecia/ Telogen Effluvium/ Anagen Effluvium/ Hirsutism/ Hypertrichosis/ Folliculitis**

## **INTRODUCTION TO HAIR RESTORATION AND TREATMENTS**

- + Basic Science of Hair**



- ✚ Hair and Scalp Anatomy
- ✚ Androgenic Alopecia and other Types of Hair Loss
- ✚ Medical Treatments
- ✚ Growth Timeline
- ✚ Hair Loss Drugs
- ✚ Consultation, Planning, Preoperative Care and Hairline Design
- ✚ Local Anesthesia
- ✚ Strip vs. FUE technique
- ✚ Motorised/ Automated F.U.E. technique
- ✚ Donor Harvesting
- ✚ Graft Preparation Slivering and Graft Cutting
- ✚ Recipient Site Preparation and Insertion
- ✚ Video Demonstration
- ✚ Other technique: – Derma rollers and mesotherapy for hair regrowth

## CHEMICAL PEELS

- ✚ Superficial Peels
- ✚ Combination Chemical Peels
- ✚ Peels Classification
- ✚ Peels Characteristics
- ✚ Understanding of Different Peels
- ✚ Patient Evaluation
- ✚ Indications/Precautions
- ✚ Patient Selection

### 1. SKIN CONDITIONING

- ✚ Indications/ Contraindications
- ✚ Side Effects
- ✚ Results
- ✚ Skin Regimen

### 2. CHEMICAL PEELINGS

- ✚ Superficial Peels
- ✚ Combination Chemical Peels
- ✚ Pigmentation of the Face-Evaluation and Treatment
- ✚ Medium Depth Chemical Peels



## Facial Peels

1. Classification – Superficial,  
Medium, Deep, Augmented

2. Characteristics– Glycolics/AHA/ Fruit Peels/ Jessner/  
TCA/Phenol/ Retinoic Acid/ Microdermabrasion/ Combinations

3. Basic Understanding of each Different Agent– Indications for  
Use/Contraindications/Mode of Application/Mechanism of Action/  
Potentiating Factors/

## Adverse Effects

### ADVANCED CHEMICAL PEELS

- ✚ Retinol Peels
- ✚ Obagi Peels
- ✚ ZO Peels
- ✚ Sequential Peels
- ✚ BOTULINUM TOXIN
- ✚ The Product
- ✚ Indications – Upper Face
- ✚ Facial Anatomy in Detail
- ✚ Mode of Action
- ✚ Regional Anaesthesia for the Face
- ✚ Side Effects and Complications: Allergic/ Regional
- ✚ Duration of Action
- ✚ Appropriate Doses/ Dilutions
- ✚ Safety and Toxicity
- ✚ Storage and Transport
- ✚ Botulinum Toxin in Use in Facial Rhytids

### ADVANCED BOTULINUM TOXIN

- ✚ Botulinum Toxin for Middle Face
- ✚ Botulinum Toxin for Lower Face



- ✚ Botulinum Toxin for Neck
- ✚ Botulinum Toxin for Hyperhidrosis (Axillary/Palmar/Plantar)

## DERMAL FILLERS

- ✚ Introduction to dermal fillers
- ✚ Pharmacology
- ✚ Types of Dermal Fillers (Restylane, Perlane, Juvederm etc.)
- ✚ Patient selection for dermal fillers
- ✚ Indications (Nasolabial Folds/Marionette Lines)
- ✚ Side Effects and Complications
- ✚ Recommendations
- ✚ Combination Therapies
- ✚ Botox and Fillers
- ✚ Botox and Skin Resurfacing
- ✚ Light Therapy and Skin Resurfacing

## ADVANCED DERMAL FILLERS

- ✚ Dermal Fillers for Frown Lines
- ✚ Dermal Fillers for Under Eyes (Tear Trough)
- ✚ Dermal Fillers for Volume Augmentation of Cheeks
- ✚ Dermal Fillers for Volume Augmentation of Lips
- ✚ Dermal Fillers for Mentolabial Folds

## LASERS PART 1

- ✚ Introduction to Lasers
- ✚ History, Laser Physics & Vocabulary
- ✚ Types of Lasers
- ✚ Laser & Skin Interaction
- ✚ Laser Chromophores
- ✚ Choosing Appropriate Settings
- ✚ Available Aesthetic Laser Technologies in the World
- ✚ Newer Technologies – RF /IR/ Fraxel / Infrared Devices.
- ✚ Laser Safety: Contraindications/ Eye Protection/ Flammable Liquids and Gases/ Smoke/
- ✚ Hazard/ Access and Signage
- ✚ Patient Psychology and Expectation



## **LASERS PART 2**

- + Advanced Lasers and their Indications**
- + Ablative lasers, Non-Ablative Laser, Vascular Lasers, Pigment & Tattoo Lasers,**
- + Q-Switched Lasers, Hair Removal Lasers**
- + Intense Pulsed Light (IPL)**
- + Pre-and Post-Treatment Do's and Don'ts**
- + Skin Rejuvenation**
- + Skin Resurfacing**
- + Skin Tightening**
- + Comparison between Lasers**
- + Considerations for Laser Equipment Purchase**
- + Management of Complications of Lasers and IPL**

## **ACNE**

- + Medical management**
- + Use of lasers**
- + Treatments of Acne scarring**

## **MESOTHERAPY**

- + For Skin rejuvenation**
- + For Hair Rejuvenation**
- + Products and protocols**
- + Acoustic Wave Therapy (X-Wave)**
- + Mesotherapy Botox**
- + Mesolift, Mesoglow and meso sculpt**
- + No-Needle Mesotherapy**

## **PLASMA MEDICINE**

- + Plasma Technologies in Aesthetic Medicine**
- + BODY CONTOURING AND TIGHTENING DEVICES**
- + Radio frequency devices1. R.F. Mono/ Bi & Tripolar (Exilis, Reaction, Pollogen etc.)**
- + Fraxel R.F**



- ✚ Ultra Sound based devices
- ✚ Cryolipolysis Technologies
- ✚ Acoustic Wave Therapy (X-Wave)
- ✚ Cellulite Reduction Device

## NECK REJUVENATION

- ✚ Neck Rejuvenation
- ✚ PRP (PLATELET RICH PLASMA)
- ✚ Platelet biology

## What is PRP

- ✚ Different growth factors and their function
- ✚ PRP devices and processing PRP
- ✚ Centrifugation single spin & double spin method
- ✚ Creation and activation of PRP
- ✚ Indications of PRP
- ✚ Contraindication of PRP
- ✚ Use of PRP in hair Restoration therapy
- ✚ Use of PRP in skin Rejuvenation treatment.

## GLUTATHIONE (SKIN LIGHTENING TREATMENT)

- ✚ What is Glutathione
- ✚ Importance of glutathione
- ✚ Benefits of glutathione
- ✚ Glutathione in skin lightening therapy
- ✚ Mode of action
- ✚ Glutathione IV injection procedure
- ✚ OTHER MINOR COSMETIC PROCEDURES
- ✚ Derma Stamp/Derma Roller/Dermapen
- ✚ Electrocautery / Incision & Closure Techniques
- ✚ Skin Biopsy, Mole & Skin Tags Removal
- ✚ Thermolysis/ Electrolysis for Depigmented Hair Removal
- ✚ Dermabrasion
- ✚ Microdermabrasion
- ✚ Thread lift
- ✚ WHAT'S NEW ?
- ✚ Newest Technologies and Innovations in Aesthetic Medicine



- ✚ **IMPORTANT CONSIDERATIONS**
- ✚ **How to setup cosmetic practice**
- ✚ **How To Market Your Practice and Build Your Customer Base**
- ✚ **Medico-Legal Aspects of Cosmetic Dermatology**
- ✚ **Ethics in Cosmetic Practice**
- ✚ **What to buy and Where to Buy**



# ENROLL NOW

Online registration [www.poisoninstitute.com](http://www.poisoninstitute.com)

Call us for registration +91 98930 41643

*Thank you!*

## WHY CHOOSE US

EMI OPTION AVAILABLE

HANDS ON TRAINING

LIVE PARTICLE

ONE YEAR TRAINING SUPPORT

PLACEMENT OPPORTUNITY

SUPPORT IN CLINIC SET UP

TRAINING WITH MEDICAL EQUIPMENT

MORE THEN 15 EXPERIENCE

**10%  
DISCOUNT**



**POISON INSTITUTE OF ADVANCE AESTHETICS**

ADDRESS : 31- NEW FRIEND SOCIETY, CHUNA BHATTI  
SQUAR, NEAR KALI MANDIR, KOLAR ROAD  
BHOPAL (M.P.), INDIA

[www.poisoninstitute.com](http://www.poisoninstitute.com)  
Phone : +91 98930 41643  
+0755-4250893