



Now
in
Bhopal

Poison Institute of Advance Aesthetics

Cosmetology | Trichology | Laser and skin aesthetic

Advanced aesthetic | Hair transplant



**FELLOWSHIP IN MEDICAL COSMETOLOGY
IN BHOPAL**



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FELLOWSHIP IN MEDICAL COSMETOLOGY

20TH 2021 TO 27TH OCT 2101

Duration 7 days

Unlimited Hands on training

Live Practical

Course Curriculum Sessions for training and Hands-on are as follows:-

INTRODUCTION

- + Introduction to the World of Cosmetology**
- + Introduction to the Fellowship in Medical Cosmetology**

SKIN

- + Structure & Function**
- + Skin Appendages**
- + Skin Types**
- + Common Skin Diseases: Aetiology,**
- + Clinical Features & Management**

HAIR

- + Structure & Function**
- + Normal Hair Growth**
- + Hair Types**
- + Hair Problems**
- + Dandruff/ Hair Fall/ Alopecia Areata/ Androgenetic**
- + Alopecia/Scarring Alopecia/Telogen Effluvium /**
- + Anagen Effluvium/ Hirsutism/ Hypertrichosis/ Folliculitis**

CHEMICAL PEELS

- + Superficial Peels**
- + Combination Chemical Peels**



- ✚ Peels Classification
- ✚ Peels Characteristics
- ✚ Understanding of Different Peels
- ✚ Patient Evaluation
- ✚ Indications/Precautions
- ✚ Patient Selection

1. SKIN CONDITIONING

- ✚ Indications/ Contraindications
- ✚ Side Effects
- ✚ Results
- ✚ Skin Regimen

2. CHEMICAL PEELINGS:

- ✚ Superficial Peels
- ✚ Combination Chemical Peels
- ✚ Pigmentation of the Face-Evaluation and Treatment
- ✚ Medium Depth Chemical Peels

- Facial Peels1. Classification –

- ✚ Superficial, Medium, Deep, Augmented
- ✚ Characteristics- Glycolics/AHA/ Fruit Peels/ Jessner/ TCA/Phenol/ Retinoic Acid/
- ✚ Microdermabrasion/ Combinations
- ✚ Basic Understanding of each Different Agent- Indications for
- ✚ Use/Contraindications/Mode of Application/Mechanism of Action/ Potentiating Factors/
- ✚ Adverse Effects

ADVANCED CHEMICAL PEELS

- ✚ Retinol Peels
- ✚ Obagi Peels
- ✚ ZO Peels
- ✚ Sequential Peels

BOTULINUM TOXIN

- ✚ The Product
- ✚ Indications – Upper Face
- ✚ Facial Anatomy in Detail



- ✦ Mode of Action
- ✦ Regional Anaesthesia for the Face
- ✦ Side Effects and Complications: Allergic/ Regional
- ✦ Duration of Action
- ✦ Appropriate Doses/ Dilutions
- ✦ Safety and Toxicity
- ✦ Storage and Transport
- ✦ Botulinum Toxin in Use in Facial Rhytids

ADVANCED BOTULINUM TOXIN

- ✦ Botulinum Toxin for Middle Face
- ✦ Botulinum Toxin for Lower Face
- ✦ Botulinum Toxin for Neck
- ✦ Botulinum Toxin for Hyperhidrosis (Axillary/Palmar/Plantar)

DERMAL FILLERS

- ✦ Introduction to dermal fillers
- ✦ Pharmacology
- ✦ Types of Dermal Fillers (Restylane, Perlane, Juvederm etc.)
- ✦ Patient selection for dermal fillers
- ✦ Indications (Nasolabial Folds/Marionette Lines)
- ✦ Side Effects and Complications
- ✦ Recommendations

Combination Therapies

- ✦ Botox and Fillers
- ✦ Botox and Skin Resurfacing
- ✦ Light Therapy and Skin Resurfacing

ADVANCED DERMAL FILLERS

- ✦ Dermal Fillers for Frown Lines
- ✦ Dermal Fillers for Under Eyes (Tear Trough)
- ✦ Dermal Fillers for Volume Augmentation of Cheeks
- ✦ Dermal Fillers for Volume Augmentation of Lips
- ✦ Dermal Fillers for Mentolabial Folds



LASERS Part 1

- Introduction to Lasers
- History, Laser Physics & Vocabulary
- Types of Lasers
- Laser & Skin Interaction
- Laser Chromophores
- Choosing Appropriate Settings
- Available Aesthetic Laser Technologies in the World
- Newer Technologies – RF /IR/ Fraxel / Infrared Devices.
- Laser Safety: Contraindications/ Eye Protection/
Flammable Liquids and Gases/ Smoke/
- Hazard/ Access and Signage
- Patient Psychology and Expectation

ADVANCED LASER AND THEIR INDICATIONS – LASERS PART 2

- Ablative lasers, Non-Ablative Laser, Vascular Lasers,
Pigment & Tattoo Lasers,
- ✚ Q-Switched Lasers, Hair Removal Lasers
- Intense Pulsed Light (IPL)
- Pre-and Post-Treatment Do's and Don'ts
- Skin Rejuvenation
- Skin Resurfacing
- Skin Tightening
- Comparison between Lasers
- Considerations for Laser Equipment Purchase
- Management of Complications of Lasers and IPL

ACNE

- Medical management
- Use of lasers
- Treatments of Acne scarring

MESOTHERAPY

- ✚ For Skin rejuvenation
- ✚ For Hair Rejuvenation
- ✚ Products and protocols
- ✚ Acoustic Wave Therapy (X-Wave)



- ✚ Mesotherapy Botox
- ✚ Mesolift, Mesoglow and meso sculpt
- ✚ No-Needle Mesotherapy

BODY CONTOURING AND TIGHTENING DEVICES

- ✚ Radio frequency devices 1. R.F. Mono/ Bi & Tripolar (Exilis, Reaction, Pollogen etc.)
- ✚ Fraxel R.F
- Ultra Sound based devices
- Cryolipolysis Technologies
- Acoustic Wave Therapy (X-Wave)
 - Cellulite Reduction Device

NECK REJUVENATION

- Neck Rejuvenation

PRP (PLATELET RICH PLASMA)

- Platelet biology
- What is PRP
- Different growth factors and their function
- PRP devices and processing PRP
- Centrifugation single spin & double spin method
- Creation and activation of PRP
- Indications of PRP
- Contraindication of PRP
- Use of PRP in hair Restoration therapy
- Use of PRP in skin Rejuvenation treatment.

GLUTATHIONE (SKIN LIGHTENING TREATMENT)

- What is Glutathione
- Importance of glutathione
- Benefits of glutathione
- Glutathione in skin lightening therapy



- **Mode of action**
- **Glutathione IV injection procedure**

OTHER MINOR COSMETIC PROCEDURES

- **Derma Stamp/Derma Roller/Dermapen**
- **Electrocautery / Incision & Closure Techniques**
- **Skin Biopsy, Mole & Skin Tags Removal**
- **Thermolysis/ Electrolysis for Depigmented Hair Removal**
- **Dermabrasion**
- **Microdermabrasion**

WHAT'S NEW ?

- **Newest Technologies and Innovations in Aesthetic Medicine**

IMPORTANT CONSIDERATIONS

- **How to setup cosmetic practice**
- **How To Market Your Practice and Build Your Customer Base**
- **Medico-Legal Aspects of Cosmetic Dermatology**
- **Ethics in Cosmetic Practice**
- **What to buy and Where to Buy**

CASE PRESENTATIONS

- **Case Presentations**
- **Assessment**
- **Fellowship Award Ceremony**

ENROLL NOW

Online registration www.poisoninstitute.com

Call us for registration +91 98930 41643

Thank you!

WHY CHOOSE US

EMI OPTION AVAILABLE

HANDS ON TRAINING

LIVE PARTICLE

ONE YEAR TRAINING SUPPORT

PLACEMENT OPPORTUNITY

SUPPORT IN CLINIC SET UP

TRAINING WITH MEDICAL EQUIPMENT

MORE THEN 15 EXPERIENCE

**10%
DISCOUNT**



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