



Now
in
Bhopal

Poison Institute of Advance Aesthetics

Cosmetology | Trichology | Laser and skin aesthetic

Advanced aesthetic | Hair transplant



**INTERNATIONAL FELLOWSHIP IN AESTHETIC & ANTI-AGING
MEDICINE (IFAAM) IN BHOPAL**



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INTERNATIONAL FELLOWSHIP IN AESTHETIC & ANTI-AGING MEDICINE (IFAAM) IN BHOPAL

20TH 2021 TO 30TH OCT 2101

Duration 10 days


Unlimited Hands on training

Live Practical

Course Curriculum Sessions for training and Hands-on are as follows:-





Session 1

INTRODUCTION

-  **Introduction to the International Fellowship in Aesthetic & Anti-Aging Medicine (IFAAM)**

Session 2

SKIN

-  **Structure & Function**
-  **Skin Appendages**
-  **Skin Types**
-  **Common Skin Diseases: Aetiology, Clinical Features & Management**

Session 3

HAIR

-  **Structure & Function**
-  **Normal Hair Growth**



- ✚ Hair Types
- ✚ Hair Problems
- ✚ Dandruff/ Hair Fall/ Alopecia Areata/ Androgenetic Alopecia/Scarring Alopecia/Telogen Effluvium/Anagen Effluvium/ Hirsutism/ Hypertrichosis/ Folliculitis

Session 4

INTRODUCTION TO HAIR RESTORATION AND TREATMENTS

- ✚ Basic Science of Hair
- ✚ Hair and Scalp Anatomy
- ✚ Androgenic Alopecia and other Types of Hair Loss
- ✚ Medical Treatments
- ✚ Growth Timeline
- ✚ Hair Loss Drugs
- ✚ Consultation, Planning, Preoperative Care and Hairline Design
- ✚ Local Anaesthesia
- ✚ Motorised/ Automated F.U.E. technique
- ✚ Donor Harvesting
- ✚ Graft Preparation Slivering and Graft Cutting
- ✚ Recipient Site Preparation and Insertion
- ✚ Video Demonstration
- ✚ Other technique: – Derma rollers and mesotherapy for hair regrowth

Session 5

CHEMICAL PEELS

- ✚ Superficial Peels
- ✚ Combination Chemical Peels
- ✚ Peels Classification
- ✚ Peels Characteristics
- ✚ Understanding of Different Peels
- ✚ Patient Evaluation
- ✚ Indications/Precautions
- ✚ Patient Selection



SKIN CONDITIONING

- ✚ Indications/ Contraindications
- ✚ Side Effects
- ✚ Results
- ✚ Skin Regimen

Session 6

B. CHEMICAL PEELINGS: (Contd.)

- ✚ Superficial Peels
- ✚ Combination Chemical Peels
- ✚ Pigmentation of the Face-Evaluation and Treatment
- ✚ Medium Depth Chemical Peels
- ✚ Facial Peels
 - ✚ Classification – Superficial, Medium, Deep, Augmented
 - ✚ Characteristics – Glycolics/AHA/ Fruit Peels/ Jessner/ TCA/Phenol/ Retinoic Acid/ Microdermabrasion/ Combinations
 - ✚ Basic Understanding of each Different Agent – Indications for Use/Contraindications/Mode of Application/Mechanism of Action/ Potentiating Factors/ Adverse Effects

ADVANCED CHEMICAL PEELS

- ✚ Retinol Peels
- ✚ Obagi Peels
- ✚ ZO Peels
- ✚ Sequential Peels

Session 7

BOTULINUM TOXIN

- ✚ The Product
- ✚ Indications – Upper Face
- ✚ Facial Anatomy in Detail
- ✚ Mode of Action
- ✚ Regional Anaesthesia for the Face
- ✚ Side Effects and Complications: Allergic/ Regional



- + Duration of Action
- + Appropriate Doses/ Dilutions
- + Safety and Toxicity
- + Storage and Transport
- + Botulinum Toxin in Use in Facial Rhytids

Session 8

ADVANCED BOTULINUM TOXIN

- + Botulinum Toxin for Middle Face
- + Botulinum Toxin for Lower Face
- + Botulinum Toxin for Neck
- + Botulinum Toxin for Hyperhidrosis (Axillary/Palmar/Plantar)

Session 9

DERMAL FILLERS

- + Introduction to dermal fillers
- + Pharmacology
- + Types of Dermal Fillers (Restylane, Perlane, Juvederm etc.)
- + Patient selection for dermal fillers
- + Side Effects and Complications
- + Recommendations
- + Combination Therapies
 - + Botox and Fillers
 - + Botox and Skin Resurfacing
 - + Light Therapy and Skin Resurfacing

Session 10

ADVANCED DERMAL FILLERS

- + Dermal Fillers for Frown Lines
- + Dermal Fillers for Under Eyes (Tear Trough)
- + Dermal Fillers for Volume Augmentation of Cheeks
- + Dermal Fillers for Volume Augmentation of Lips
- + Dermal Fillers for Mentolabial Folds



Session 11

LASERS PART 1

- + Introduction to Lasers
- + History, Laser Physics & Vocabulary
- + Types of Lasers
- + Laser & Skin Interaction
- + Laser Chromophores
- + Choosing Appropriate Settings
- + Available Aesthetic Laser Technologies in the World
- + Newer Technologies – RF /IR/ Fraxel / Infrared Devices.
- + Laser Safety: Contraindications/ Eye Protection/ Flammable Liquids and Gases/ Smoke/
- + Hazard/ Access and Signage
- + Patient Psychology and Expectation

Session 12

LASERS PART 2

- + Advanced Lasers and their Indications
 - Ablative lasers, Non-Ablative Laser, Vascular Lasers, Pigment & Tattoo Lasers,
- + Q-Switched Lasers, Hair Removal Lasers
 - Intense Pulsed Light (IPL)
 - Pre-and Post-Treatment Do's and Don'ts
 - Skin Rejuvenation
 - Skin Resurfacing
 - Skin Tightening
 - Comparison between Lasers
 - Considerations for Laser Equipment Purchase
 - Management of Complications of Lasers and IPL

Session 13

ACNE



- + Medical management
- + Use of lasers
- + Treatments of Acne scarring

Session 14

COSMECEUTICALS

- + Skin of color
- + Retinoids
- + Sun-screens
- + Cleansing agents
- + Moisturizing agents
- + Depigmenting agents
- + Anti-oxidants
- + Anti-inflammatory agents
- + Fragrance and preservatives
- + Home care

Session 15

MESOTHERAPY

- + For Skin rejuvenation
- + For Hair Rejuvenation
- + Products and protocols
- + Acoustic Wave Therapy (X-Wave)
- + Mesotherapy Botox
- + Mesolift, Mesoglow and meso sculpt
- + Injection Lipolysis
- + No-Needle Mesotherapy

Session 16

PLASMA MEDICINE

- + Plasma Technologies in Aesthetic Medicine



Session 17

BODY CONTOURING AND TIGHTENING DEVICES

- + Radio frequency devices1. R.F. Mono/ Bi & Tripolar (Exilis, Reaction, Pollogen etc.)
- + 2. Fraxel R.F
 - Ultra Sound based devices
 - Cryolipolysis Technologies
 - Acoustic Wave Therapy (X-Wave)
 - Cellulite Reduction Device

Session 18

NECK REJUVENATION

- + Neck Rejuvenation

Session 19

PRP (PLATELET RICH PLASMA)

- + Platelet biology
- + What is PRP
- + Different growth factors and their function
- + PRP devices and processing PRP
- + Centrifugation single spin & double spin method
- + Creation and activation of PRP
- + Indications of PRP
- + Contraindication of PRP
- + Use of PRP in hair Restoration therapy
- + Use of PRP in skin Rejuvenation treatment.
- + Vampire lift

Session 20

GLUTATHIONE (SKIN LIGHTENING TREATMENT)

- + What is Glutathione
- + Importance of glutathione



- + Benefits of glutathione
- + Glutathione in skin lightening therapy
- + Mode of action
- + Glutathione IV injection procedure

Session 21

MINOR COSMETIC PROCEDURES

- + Derma Stamp/Derma Roller/Dermapen
- + Electrocautery / Incision & Closure Techniques
- + Skin Biopsy, Mole & Skin Tags Removal
- + Thermolysis/ Electrolysis for Depigmented Hair Removal
- + Dermabrasion
- + Microdermabrasion/Hydrafacial

Session 22

- + Anaesthesia Techniques in Aesthetic Medicine

Session 23

Thread lift

- + Facial & Body Threadlifts

Session 24

- + Introduction to Cosmetic Gynaecology with its applications to Cosmetic Medicine

Session 25

WHAT'S NEW ?

- + Newest Technologies and Innovations in Aesthetic Medicine
- + Photography in Cutaneous and Aesthetic Medicine
- + Tele-medicine in Cosmetic Medicine







Session 26

IMPORTANT CONSIDERATIONS

- **How to setup cosmetic practice**
- **How To Market Your Practice and Build Your Customer Base**
- **Medico-Legal Aspects of Cosmetic Dermatology**
- **Ethics in Cosmetic Practice**
- **What to buy and Where to Buy**

Session 27

Examinations

-  **Case Presentation- Minimum 25**
-  **Viva-Voce**
-  **Written Assessment (MCQs)**
-  **Award of Fellowship**



ENROLL NOW

Online registration www.poisoninstitute.com

Call us for registration +91 98930 41643

Thank you!

WHY CHOOSE US

EMI OPTION AVAILABLE

HANDS ON TRAINING

LIVE PARTICLE

ONE YEAR TRAINING SUPPORT

PLACEMENT OPPORTUNITY

SUPPORT IN CLINIC SET UP

TRAINING WITH MEDICAL EQUIPMENT

MORE THEN 15 EXPERIENCE

**10%
DISCOUNT**